LUNCHTIME CO®

WEEK 1 MENU

WEEKS: 13/04, 04/05, 01/06, 22/06, 13/07, 31/08, 21,09, 12/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Chicken curry served with turmeric rice, naan bread fingers & mixed vegetables	Meat feast wholemeal pizza Served with baked potato wedges, peas & sweetcorn	Sausages served with roast Potatoes, carrots, Broccoli & gravy	Homemade beef lasagne served with wholemeal garlic & herb bread, mixed vegetables or salad	Fish fingers or salmon fish fingers served with chips, garden peas or baked beans & ketchup
MEAT FREE	Lentil dahl served with turmeric rice, naan bread fingers & mixed vegetables	Margarita wholemeal pizza Served with baked potato wedges, peas & sweetcorn	Quorn Sausages served with roast potatoes, carrots, Broccoli & gravy	Vegetable lasagne served with wholemeal garlic & herb bread, mixed vegetables or salad	Quorn Nuggets served with chips, garden peas or baked beans & ketchup
PASTA & JACKETS	Jacket potato with choice of toppings served with Fresh salad	Pasta with Homemade tomato and vegetable sauce served with fresh salad	Pasta with cheddar cheese served with Fresh salad	Jacket potato with choice of toppings Served with fresh salad	Jacket potato with choice of toppings served with Fresh salad
DESSERTS	Choose one of our fabulous desserts: fruity jelly, fresh fruit pot	Choose one of our fabulous desserts: fruit yogurt & coulis fresh fruit pot	Choose one of our fabulous desserts: Fruity jelly fresh fruit pot	Choose one of our fabulous desserts Fruit yogurt & coulis fresh fruit pot	Fabulous desserts Sticky toffee apple cake Ice-cream & sauce fresh fruit pot

Making lunchtime the highlight of your day

LUNCHTIME CO®

WEEK 2 MENU

WEEKS: 20/04, 11,05, 08/06, 29/06, 20/07, 7/09, 28/09, 19/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Fajita spiced pulled chicken & peppers wrap served with home cut wedges & crunch vegetable sticks	Chicken & crispy vegetable noodle stir fry Served in a black bean sauce	Roast Beef served with roast potatoes, carrots, broccoli & gravy	Chicken burgers Served with curly Fries & fresh Salad	Breaded fish fillet served with chips, garden peas or baked beans & ketchup
MEAT FREE	Traditional macaroni cheese served with wholemeal garlic & herb bread, seasonal vegetables	Margharita pizza served with baked potato wedges, peas & Sweetcorn	Creamy leek Wellington served with roast potatoes, carrots, broccoli & gravy	Vegetable burgers served with curly fries & fresh salad	Vegetable nuggets served with chips, garden peas or baked beans & ketchup
PASTA & JACKETS	Jacket potato with choice of toppings served with Fresh salad	Pasta with Homemade tomato and vegetable sauce served with fresh salad	Jacket potato with choice of toppings served with Fresh salad	Pasta with cheddar cheese sauce with fresh salad	Jacket potato with choice of toppings served with Fresh salad
DESSERTS	Choose one of our fabulous desserts Fruity jelly & fresh fruit pot	Choose one of our fabulous desserts: fruit yogurt & coulis fresh fruit pot	Choose one of our fabulous desserts Fruity jelly & fresh fruit pot	Choose one of our fabulous desserts: fruit yogurt & coulis fresh fruit pot	Choose one of our fabulous desserts: Chocolate crispy cake Ice-cream with sauce fresh fruit pot

Making lunchtime the highlight of your day

LUNCHTIME CO®

WEEK 3 MENU

WEEKS: 27/04, 18/05, 15/06, 06/07, 14/09, 5/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Jerk chicken thigh served with rice & seasonal vegetable	Sausage in a crusty baguette served with hand cut wedges , peas & sweetcorn	Lemon & herb chicken thigh served with Yorkshire puddings, roast potatoes, carrots, cabbage and gravy	Beef bolognese served with pasta homemade garlic focaccia bread, mixed vegetables	Fish fingers served with chips, garden peas or baked beans & ketchup
MEAT FREE	BBQ butterbean, chickpea & vegetable stew served with rice, beans & seasonal vegetable	Quorn sausage in a crusty baguette served with hand cut wedges, peas & sweetcorn	Roasted vegetable pie served with Yorkshire puddings, roast potatoes, carrots, cabbage and gravy	Vegetable & lentil bolognese served with pasta homemade garlic focaccia bread, mixed vegetables	Cheese, onion & pepper puff served with chips, garden peas or baked beans & ketchup
PASTA & JACKETS	Jacket potato with choice of toppings served with Fresh salad	Pasta with Homemade tomato and vegetable sauce served with fresh salad	Pasta with cheddar cheese sauce with Fresh salad	Jacket potato with choice of toppings served with fresh salad	Jacket potato with choice of toppings served with Fresh salad
DESSERTS	Choose one of our fabulous desserts: Fruity jelly & fresh fruit pot	Choose one of our fabulous desserts: fruit yogurt & coulis, fresh fruit pot	Choose one of our fabulous desserts: Fruity jelly & fresh fruit pot	Choose one of our fabulous desserts: fruit yogurt & coulis, fresh fruit pot	Choose one of our fabulous desserts: Chocolate iced sponge with custard Ice-cream with sauce fresh fruit pot

Making lunchtime the highlight of your day