

**Grove Park Primary School**  
**Long term plan for P.E. and Games**

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>1</b>	P.E.	Gymnastics	Dance	Handball (Throwing and catching)	Team Building	Striking and fielding	Striking and fielding
	Games	Throwing and catching (Rugby)	Large Ball skills and agility (Football)	Object Control (Hockey)	Agility & Coordination (Tennis)	Athletics	Athletics
<b>2</b>	P.E.	Gymnastics	Dance	Handball (Throwing and Catching)	Team Building	Striking and fielding	Striking and fielding
	Games	Throwing and catching (Rugby)	Invasion games (Football)	Object Control (Hockey)	Agility & Coordination (Tennis)	Athletics (Sports Day)	Athletics
<b>3</b>	P.E.	Gymnastics	Health & Exercise	Dance	Handball	Swimming	Swimming
	Games	Tag Rugby	Football	Hockey	Tennis	Athletics	Rounders
<b>4</b>	P.E.	Swimming	Health & Exercise	Dance	Handball	Cricket	Rounders
	Games	<b>Tag Rugby</b>	Football	Hockey	Tennis	Athletics	Athletics
<b>5</b>	P.E.	Gymnastics	Health & Exercise	Dance	Handball	Cricket	Rounders
	Games	Tag rugby	Football	Hockey	Tennis	Athletics	Athletics
<b>6</b>	P.E.	Gymnastics	Health & Exercise	Dance	Handball	Cricket	Rounders
	Games	Tag rugby	Football	Hockey	Tennis	Athletics	Athletics