

THREE WEEK MENU

SPRING/SUMMER 2022

OUR NEW MENU
CHOSEN BY
PARENTS AND
CHILDREN



YOUR
FAVOURITES
AVAILABLE
EVERY DAY



WEEK 1 MENU

W/C: 18/4; 09/05; 06/06; 27/06; 18/07

W/C: 29/8; 19/09; 10/10



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SPRING/SUMMER 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Jerk Chicken with Rice and Peas	Cheese and Tomato Pizza Cheesy tomato topped pizza slice ✔ 🌾	Roast Chicken with Roast Potatoes and Gravy Succulent roast chicken with fluffy roasties and tasty gravy	Cottage Pie ❤️ 🌾	Golden Fish Fingers and Chips Crispy fish fingers and scrummy chips
Main Vegetarian	Allegra Broccoli and Cauliflower Cheese Pie ✔ Cheesy broccoli and cauliflower with a shortcrust topping	Burrito ✔ A soft wrap filled with lightly spiced veggies and rice ❤️	Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy ✔ ❤️ A chunky sweet potato and chickpea roast	Quorn Hot Dog ✔ and Fresh Cut Wedges	Matar Paneer & Chapati ✔
Alternative Choice	Jacket Potato with Baked Beans	Jacket Potato with Salmon Mayonnaise 🐟	Jacket Potato with Cheese	Jacket Potato with Tuna Sweetcorn Mayo filling	Cheese Sandwich and vegetable Crudité
Salads	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot
Pasta	Tomato Pasta ❤️ A delicious fresh, homemade tomato sauce with penne 🌾	Tomato Pasta ❤️ A delicious fresh, homemade tomato sauce with penne 🌾	Tomato Pasta ❤️ A delicious fresh, homemade tomato sauce with penne 🌾	Tomato Pasta ❤️ A delicious fresh, homemade tomato sauce with penne 🌾	Tomato Pasta ❤️ A delicious fresh, homemade tomato sauce with penne 🌾
Vegetables	Green Beans and Sweetcorn	Peas and Broccoli	Carrots and Cabbage	Broccoli and Sweetcorn	Baked Beans and Peas
Desserts	Orange Drizzle Cake	Raspberry Ripple Ice-Cream	Shortbread Biscuit with Fruit Slices 🍏	Berry and Peach Oaty Crumble with Custard 🍏	Chocolate & Raspberry Swirl

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

✔ Vegetarian 🐟 Oily fish 🌾 Wholegrain 🍏 Fruity! ❤️ Nutritionist's Choice

CONFIDENTIAL



WEEK 2 MENU

W/C: 25/04; 16/05; 13/06; 04/07

W/C: 05/09; 26/09; 17/10



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Chicken Tikka Masala with Rice 	Cheese and Tomato Pizza Cheesy tomato topped pizza slice 	Roast Turkey with Roast Potatoes and Gravy Succulent roast turkey with fluffy roasties and tasty gravy	Pasta Bolognese A classic Italian Beef Bolognese in a yummy tomato Sauce	Battered Fish Fillet and Chips and scrummy chips
Main Vegetarian	Chinese Veggie Noodles 	Mild Bean Chilli & Rice 	Creamy Vegetable Pie with Roast Potatoes and Gravy Creamy vegetable pie with a cheesy shortcrust topper	Mild Chickpea and Potato Curry Served with wholemeal rice 	The Incredible Burger with Chips
Salads	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot
Alternative Choice	Jacket Potato Tuna Mayo	Jacket Potato Baked Beans	Jacket Potato Tuna Mayo	Egg Mayo Sandwich and Vegetable Crudité	Jacket Potato Cheese
Pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta
Vegetables	Peas and Broccoli	Carrot Sticks and Cucumber Sticks	Carrots and Cabbage	Green Beans and Sweetcorn	Baked Beans and Peas
Desserts	Fruity Flapjack Bar	Apple & berry Crumble & Custard	Raspberry Yoghurt Cake	Fruity Chocolate Brownie	Vanilla Ice-Cream

SPRING/SUMMER 2022

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

Vegetarian Oily fish Wholegrain Fruity! Nutritionist's Choice

CONFIDENTIAL



WEEK 3 MENU

W/C: 02/05; 23/05; 20/06; 11/07

W/C: 12/09; 03/10



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Allegra Chilli Con Chicken and Sweet Potato Bake Baked wedges of sweet potato, topped with tomato chicken and tortilla crunchies	Cheese and Tomato Pizza Cheesy tomato topped pizza slice 	Roast Chicken with Roast Potatoes and Gravy Succulent roast pork with fluffy roasties and tasty gravy	Beef Keema Matar And Rice	Southern Fried Chicken Tasters Lightly seasoned crispy chicken strips and scrummy chips
Main Vegetarian	Macaroni Cheese Cheesy Macaroni Pasta	Veggie Sausage and Mash with Gravy Fluffy mash with veggie sausages and rich gravy	Butternut Squash and Potato Pastry Slice with Roast Potatoes and Gravy A chunky butternut squash and potato slice	Veggie Lasagne served with a bread wedge Delicious sheets of pasta layered with veggies and tomato sauce	Quorn Dippers and Chips Crispy Quorn nuggets with their fave sauce – ketchup
Salads	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot
Alternative Choice	Jacket Potato Tuna & Sweetcorn Mayo	Jacket Potato With Cheese	Jacket Potato With Baked Beans	Jacket Potato With Tuna Mayo	Humous & Vegetable Wrap and Vegetable Crudit�
Pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta
Vegetables	Sweetcorn and Broccoli	Peas and Carrots	Carrots and Cabbage	Green Beans and Sweetcorn	Baked Beans and Peas
Desserts	Apple and Carrot Yoghurt Muffin	Oatie Biscuit with Fruit Slices	Strawberry Ice Cream	Chocolate Sponge Cake	Cheese & Crackers

SPRING/SUMMER 2022

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

Vegetarian Oily fish Wholegrain Fruity! Nutritionist's Choice

CONFIDENTIAL

