

**Week 1** : Commencing 2nd January; 30th January; 27th February & 2nd March

**Week 2** : Commencing 9th January; 6th February; & 12th March

**Week 3** : Commencing 16th January; 20th February & 19th March

**Week 4** : Commencing 23rd January; 27th February & 26th March

**The Salad Bar** – a selection of up to 6 salads are available daily to accompany main meals. Varieties include cucumber, tomato segments, grated carrot, beetroot, shredded iceberg lettuce, coleslaw, mixed pepper salad, pasta salad, sweetcorn, apple and celery and green salad

**Dessert** – as an alternative to the Dessert of the Day we offer a choice of yoghurt, cheese and biscuits or fresh fruit

**Bread** (unbuttered) is available on a daily basis



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**Ask your school for a Free School Meals form if you are in receipt of any of the following:-**

- 1) Income Support
- 2) Job Seeker's Allowance (income-based)
- 3) Child Tax Credit (annual income below £16,190)
- 4) State Pension Credit
- 5) Asylum Support Service

**If you have any comments, suggestions or queries regarding school meals please contact Angela Lenihan on 0208 583 2943 or e-mail**

**[angela.lenihan@hounslow.gov.uk](mailto:angela.lenihan@hounslow.gov.uk)**

This menu is colour coded to help your child choose their meal at lunchtime. Meat dishes are printed in **red**, fish dishes in blue and vegetarian in **green**.

On the counter the food will be displayed in red or blue or green coloured dishes in line with the above.

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## Grove Park Primary School Menu

only  
**£1.80**  
Per meal

**Spring Term  
2012**

Good Food  
Good For You